



crossings dance

## Adult Sessional Classes 2024/25

### 10 Week Sessions:

Fall: September 21 – November 30, 2024

Winter: January 6 – March 17, 2025

Spring: March 31 – June 16, 2025

#### Adult Core & Restore

Monday 8:15 - 9:15pm

Fall (10 wks): \$230 + registration + gst

Winter (10 wks): \$230 + registration + gst

Spring (10 wks): \$230 + registration + gst

#### Adult Contemporary (Beginner/Inter)

Wednesday 7:45 - 8:45pm

Fall (10 wks): \$230 + gst

Winter (10 wks): \$230 + gst

Spring (10 wks): \$230 + Performance fee + gst

#### Adult Ballet (Beginner)

Thursday 6:45 - 7:45pm

Fall (12 wks): \$230 + gst

Winter (10 wks): \$230 + gst

Spring (10 wks): \$230 + Performance fee + gst

#### Adult Ballet (Intermediate)

Thursday 7:45 - 8:45pm

Fall (10 wks): \$230 + gst

Winter (10 wks): \$230 + gst

Spring (10 wks): \$230 + Performance fee + gst

#### Adult Pre-Pointe (Intermediate)

Thursday 8:45 - 9:15pm

Fall (10 wks): \$100 + gst

Winter (10 wks): \$100 + gst

Spring (10 wks): \$100 + gst

#### Adult Tap (Beginner)

Tuesday 7:15 - 8:15pm

Fall (10 wks): \$230 + gst

Winter (10 wks): \$230 + gst

Spring (10 wks): \$230 + Performance fee + gst

#### Adult Tap (Inter/Adv)

Tuesday 8:15 - 9:15pm

Fall (10 wks): \$230 + gst

Winter (10 wks): \$230 + gst

Spring (10 wks): \$230 + Performance fee + gst

\*A one-time Registration Fee of \$30/student or \$50/family will be charged only once per dance season (2024/25).

\* Performance Fee (\$15) includes: Costume Rental, Performance Fee & Recital Video Link.

### Full Year Bundle 2024/25

*\*\*Keep the nourishing your body all year long! Pro-rated tuition fees are available for late enrolment.*

#### 60 Minute Class

September 21, 2024 - June 16, 2025

**\$680** + Reg fee + gst (Performance fee included)

#### 30 Minute Class (Add-On)

September 21, 2024 - June 16, 2025

**\$295** + gst (Performance fee included)

\*A one-time Registration Fee of \$30/dancer or \$50/family will be charged only once per dance season (2024/25).

### Attire for Adult Classes:

Any athletic / fitness / dance attire that you feel comfortable in

#### Ballet

Ballet slippers (Bloch Style #SO258 — leather split sole or Bodywrappers / Sansha / Block — canvas), Jazz shoes (Bloch Style #SO499 or Style #SO481 — slip on) or bare feet / socks

#### Tap

Black Tap shoes (Capezio Oxford style — lace up, leather)

#### Restorative Stretch, Pilates, Contemporary

Bare feet or socks

### Dancewear suppliers:

#### Bodythings

#236, 7337 Macleod Trail, SW  
403-278-5440

#### City Dancewear

6624 Centre St SE  
403-263-4828