



crossings dance

Adult Sessional Classes 2023/24

10 & 12 Week Sessions:

Fall: September 9 – December 9, 2023

Winter: January 6 – March 18, 2024

Spring: April 8 – June 17, 2024

Adult Core & Restore

Mondays 10:00-11:00am

Fall MINI (6 wks): \$150 + gst *October 16 - November 20

Winter (10 wks): \$225 + gst

Spring (10 wks): \$225 + gst

Adult Core & Restore

Tuesday 7:00 – 7:45pm

Fall (12 wks): \$236 + registration + gst

Winter (10 wks): \$200 + registration + gst

Spring (10 wks): \$200 + registration + gst

Adult Contemporary (Beginner/Inter)

Thursday 7:30-8:30pm

Fall (12 wks): \$250 + gst

Winter (10 wks): \$225 + gst

Spring (10 wks): \$225 + Performance fee + gst

Adult Ballet (Beginner)

Monday 7:30-8:30pm

Fall (12 wks): \$250 + gst

Winter (10 wks): \$225 + gst

Spring (10 wks): \$225 + Performance fee + gst

Adult Ballet (Intermediate)

Wednesday 7:15-8:15pm

Fall (12 wks): \$250 + gst

Winter (10 wks): \$225 + gst

Spring (10 wks): \$225 + Performance fee + gst

Adult Pre-Pointe (Intermediate)

Wednesday 8:15-8:45pm

Fall (12 wks): \$120 + gst

Winter (10 wks): \$100 + gst

Spring (10 wks): \$100 + gst

Adult Tap (Beginner)

Thursday 7:00-8:00pm

Fall (12 wks): \$250 + gst

Winter (10 wks): \$225 + gst

Spring (10 wks): \$225 + Performance fee + gst

Adult Tap (Inter/Adv)

Thursday 8:00-9:00pm

Fall (12 wks): \$250 + gst

Winter (10 wks): \$225 + gst

Spring (10 wks): \$225 + Performance fee + gst

*A one-time Registration Fee of \$30/student or \$50/family will be charged only once per dance season (2023/24). *\$15/mini session.

Full Year Bundle 2023/24

***Keep the nourishing your body all year long! Pro-rated tuition fees are available for late enrolment.*

60 Minute Class

September 9, 2023 - June 17, 2024

\$675 + Reg fee + gst

45 Minute Class

September 9, 2023 - June 17, 2024

\$615 + Reg fee + gst

30 Minute Class (Add-On)

September 9, 2023 - June 17, 2024

\$300 + gst (Pre-Pointe)

*A one-time Registration Fee of \$30/dancer or \$50/family will be charged only once per dance season (2023/24).

Attire for Adult Classes:

Any athletic / fitness / dance attire that you feel comfortable in

Ballet

Ballet slippers (Bloch Style #SO258 — leather split sole or Bodywrappers / Sansha / Block — canvas), Jazz shoes (Bloch Style #SO499 or Style #SO481 — slip on) or bare feet / socks

Tap

Black Tap shoes (Capezio Oxford style — lace up, leather)

Restorative Stretch, Pilates, Contemporary

Bare feet or socks

Dancewear suppliers:

Bodythings

#236, 7337 Macleod Trail, SW
403-278-5440

City Dancewear

6624 Centre St SE
403-263-4828